

STORY IDEAS – AUTUMN IN NIAGARA FALLS

This Fall, plan to be spontaneous. Take an overnight trip and explore Niagara Falls today! The iconic vistas of the Niagara River Corridor and Escarpment throughout Niagara Falls offer spectacular views of quintessentially Canadian fall colours. The panoramic colours are complemented by picturesque public gardens and floral shows. Niagara Falls is the perfect autumn getaway with a variety of options to behold the breathtaking sights and explore the outdoors. Images available for media use can be requested [here](#).

VIBRANT COLOURS TRANSFORM NIAGARA FALLS

The Fall season is a memorable time to explore the spectacular **autumn** colours in Niagara Falls. The landscape bursts with vibrant colours of red, yellow, and orange. The same trees that have made Canada famous for maple syrup dominate the landscape with brilliant fall colours throughout Niagara Falls. Celebrate the transition to autumn in Niagara Falls as you tour the Niagara River Recreation Trail and Niagara Parkway and enjoy breathtaking views complemented by the bold red, orange and gold hues, surrounded by chrysanthemums. Plan a hike through the **Niagara Glen**, a designated Nature Reserve with over 4 km (2.5 miles) of paths that wind through a pristine pocket of Carolinian Forest (a life zone in North America characterized by trees with broad leaves). Visit the **Niagara Glen Nature Centre** or the **Whirlpool Aero Car** for panoramic views of the fall colours overlooking the Niagara River and Whirlpool below.

NIAGARA FALLS PUBLIC GARDENS

Niagara Falls is surrounded by picturesque, landscaped gardens, considered among the most beautiful public gardens in Canada and the world. The gardens are open year-round, and the flowers vary each season offering a landscape of changing blooms. Take your time exploring and soaking up the healing and rejuvenating power of Niagara Falls' green spaces and vibrant colours. **Queen Victoria Park**, the heart of Niagara Parks, celebrates every season with a visual spectacle. The spectacular **Oakes Garden Theatre** is the entranceway to Queen Victoria Park, the key central area of Niagara Parks that showcases the perfect panoramic view of the Falls. The **Niagara Parks Botanical Gardens** is among Canada's largest with 40 hectares (99 acres) of beautifully maintained gardens to explore including the largest rose garden in Canada and is home to the **Butterfly Conservatory**, one of the largest in North America. Just south of the Falls, walk the green spaces and smell the flowers at the **Floral Showhouse, turned 77 years in 2023**. With seven shows a year including one of the oldest, the perennial Chrysanthemum Show, something new is always in bloom in the hands of the horticulture team at Niagara Parks.

THE ICONIC FLORAL CLOCK (North of the Botanical Gardens)

One of the largest of its kind, each year the intricate design on the face of the iconic **Floral Clock** in Niagara Falls is planted with approximately 20,000 plants. The clock design is changed twice each year with seasonal blooms and features a different theme each year. Each planting takes up to two weeks.

The grounds surrounding the clock feature bedding displays and a tower at the back of the clock houses Westminster chimes that greet guests each quarter hour. If the door into the tower is open, you can take a glimpse at the clock mechanism and enjoy photographs that show the history of almost every face design all the way back to 1950.



EVENTS

iMela, South Asian Festival at the Falls – SEPTEMBER 8-9, 2023

iMela, the 8th annual international festival and Movie Night will return to Niagara Falls, Ontario September 8th and 9th 2023. Taking place in the Niagara Parks **Queen Victoria Park**, this picturesque location offers outstanding views of Niagara Falls. Dance Competition runs on Friday September 8th with Free Movie Night in the evening and on September 9th 2023 is the Main music. This free event will be a family oriented international event, where you can enjoy a movie under the stars at night right beside the Falls. Some of the very best local Canadian artists and international Punjabi/Indian/Bollywood/Pakistani musical artists will perform at this event. Entertainment will include bands, singers, dancers as well as a few local and international comedy acts.

ANNUAL BUTTERFLY MIGRATION IN NIAGARA FALLS – SEPTEMBER 9-10, 2023

Each September, for almost 30 years, Niagara Parks holds its annual monarch release program Majestic Monarchs at the **Butterfly Conservatory**. Guests are invited to join Niagara Parks staff in this international research tracking program **Monarch Watch**, which tags and releases the endangered butterfly as it begins its remarkable journey south toward Mexico for the winter. Visitors may participate in tagging and releasing of the butterflies, which allows researchers to effectively track Monarch migration patterns and document changes and trends in their behaviour. Also, any found tags are recorded and posted online, giving participants the chance to potentially see where their tagged butterfly ended its journey. In addition to the release initiative, Niagara Parks staff educate visitors on the Monarch's fascinating lifecycle and the unique conservation efforts being taken to support these amazing insects.

One of the largest glass-enclosed butterfly conservatories in North America, this magical attraction features over 2,000 colourful tropical butterflies floating freely among lush, exotic blossoms and greenery. Paths wind through the rainforest setting, past a pond and waterfall and the Emergence window, where butterflies leave their pupae and prepare to take their first flight! The self-guided walking tour of the Butterfly Conservatory begins with a short, informative video presentation that is close captioned for the hearing impaired.

SAFARI NIAGARA BOO AT THE ZOO – OCTOBER 6-9, 2023

Join the team at Safari Niagara for a family-friendly event Boo at the Zoo! TRICK or TREAT your way through the park, enjoy local vendors, exhibits, activities AND enter our contests for your chance to win some great prizes! The team is asking for donations of a non-perishable food item that will go to local non-profit organizations! Free admission for children 12 years old and under who are in costume. Dress your best for a chance to win our costume contest! The Costume contest is divided into three age groups with a 1st, 2nd and 3rd prize awarded in each as well as a group contest. There will be hours of entertainment for the family including a scavenger hunt, colouring contest and "Find the Golden Pumpkin"

NIAGARA FALLS WELCOMES THE GRAND SLAM OF CURLING- OCTOBER 17-22, 2023

Watch the top teams from around the world in the biggest event on the **Pinty's Grand Slam of Curling** circuit. With not one but two tiers of action, the Hearing Life Tour Challenge features a total of 32 men's teams and 32 women's teams. Your full event pass guarantees you never miss a moment at this world-class tournament coming to Niagara Falls for the first time. Purchase your pass online now at tickets.niagaracurling.com.

Sweden's Team Edin and Canada's Team Homan are the reigning champions having captured the Tour Challenge Tier 1 titles earlier this season in Grande Prairie, Alta. Team Dropkin from the United States and Canada's Team Grandy were victorious in the Tier 2 divisions and received promotions into the top flight.

NIAGARA FALLS WELCOMES GREY CUP FESTIVITIES AND THE 2023 CFL AWARDS – NOVEMBER 16-19, 2023

The Grey Cup is coming to the Golden Horseshoe and Niagara Falls is set to play host to thousands of fans and spectators. As a major regional hub for visitors attending the big game, our hotels and entertainment venues will be ready. Shuttle service with our partners Metrolinx GoTransit will be set up to ensure the transport of fans from hotels to the stadium is available for the short trip down the QEW.

The **Avalon Theatre** at Fallsview Casino Resort will welcome the 2023 CFL Awards on Thursday November 16th. Where the best players in the CFL are honoured in advance of the weekend's final game of the season. The awards show will be followed by a musical performance set to take place at the newly constructed OLG Stage at Fallsview Casino, details to be released in the coming weeks.

THINGS TO DO

NIAGARA FALLS - AN INTERNATIONAL FOUR-SEASON BIRDWATCHING DESTINATION

With its proximity to the Niagara River corridor, one of the world's most biodiverse places, Niagara Falls is an untapped four-season international destination for bird lovers, adventure travelers and ecotourists alike. More than 280 bird species can be found in the Niagara River Corridor. Over 27 species of gulls, many of them rare, have been found here making it the best gull watching location in the world and a top destination for birders from all over the world. In 1996, the entire Niagara River corridor, stretching 56 km from Lake Erie to Lake Ontario, became the first site in North America to receive international recognition as an **Important Bird and Biodiversity Area (IBA)** by major conservation groups in Canada and the United States. Click [here](#) to see a full list of birds and birdwatching locations during the fall season.

NIAGARA FALLS – WORLD-CLASS GOLF DESTINATION

Niagara Falls is a world-class **golf destination** with 8 top golf courses designed by famed architects including **Legends on the Niagara**, Canada's premier public golf course, and the **Whirlpool Golf Course**, one of Canada's most highly rated and renowned public golf courses located in a spectacular setting against the backdrop of the Niagara River Whirlpool and Gorge.

Golf Lounge (Best Western Plus Cairn Croft Hotel)

The Niagara Golf Lounge offers an enhanced golf experience with indoor simulators and a sports entertainment bar. Eat, drink and swing the day away! Located in the lobby of the Best Western Plus Cairn Croft Hotel, guests and the public alike can enjoy a round of golf at one of 80+ of the world's top courses, regardless of the weather. Click [here](#) for more information.

CYCLING IN NIAGARA FALLS

Niagara Falls is one of Ontario's premier cycling destinations! With over 300km of exceptional cycling routes and trails for beginners and pros alike, whether you rent a bike or bring your own, there are great trails, bike friendly restaurants and self-guided tours to suit every level of cyclist in Niagara Falls, Canada. Begin a cycling tour in Niagara Falls and travel along the **Niagara River Recreation Trail**, which offers over 56 kilometers of breathtaking views, including the Niagara Glen and Whirlpool, finishing in historic Niagara-on-the-Lake. Cycle through the **Greater Niagara Circle Route**, a 140 km picturesque route along the Niagara Parkway beside the Falls leading you through the lush greenery of the Niagara Escarpment. **Niagara River Bike Tours** offer 2.5 hour cycling tours showcase the hidden gems along the Niagara River.

Click [here](#) for more information about cycling in Niagara Falls, including transit for you and your bike, bike friendly accommodations and bike rentals.

HIKE THE SCENIC TRAILS IN NIAGARA FALLS

Whether by foot or bike, discover 56 kilometers (35 miles) of historical and horticultural sights along the **Niagara River Recreational Trail**. Bordering the winding Niagara River, travel past the Canadian Horseshoe Falls, historical sites, attractions, restaurants and parkland as this trail connects Fort Erie to **Niagara-on-the-Lake**.

Dufferin Islands, popular with locals and tourists alike, offers ten acres of quiet secluded parkland including several small islands connected by bridges and footpaths. Admission is free.

Nestled high atop the Niagara Escarpment, **Queenston Heights Park** is the birthplace of Niagara Falls where garden and nature lovers, hikers and picnickers have enjoyed this park for generations. Queenston Heights Park is also a terminus point of the famous Bruce Trail and the location of **Brock's Monument**, a tribute to Sir General Isaac Brock, commander of the British forces in Upper Canada. A self-guided tour of the Battle of Queenston Heights starts at the foot of the monument and includes a climb to the top for a magnificent view. Also explore the Landscape of Nations: The Six Nations and Native Allies Commemorative Memorial. A nationally significant public artwork, the **Landscape of Nations** is a living memorial dedicated to the contributions and sacrifices made by Six Nations and Native Allies on Queenston Heights and throughout the War of 1812.

FALL HARVEST - NIAGARA FALLS

Celebrate the Fall Harvest at any of Niagara Falls top restaurants. The harvest is such a special time in the region, and our chefs celebrate the best ingredients of the season.

All five of the Niagara Parks' restaurants focus on locally sourced ingredients: **Table Rock House Restaurant**, **Queen Victoria Place Restaurant**, **Queenston Heights Restaurant**, **Legends on the Niagara Restaurant** and **Whirlpool Restaurant**.

- **Flour Mill Scratch Kitchen Restaurant** offers dining in the only historic restaurant in Niagara Falls dating back to 1904 (in the Old Stone Inn). Famous patrons include Princess Diana, Prime Minister Trudeau and more recently Chrissy Teigen and John Legend, among others.
- **AG Inspired Cuisine** is a recipient of CAA/AAA 4 Diamonds Award, OpenTable Top 100 Restaurants in Canada and TripAdvisor's 10 Best Niagara Falls Restaurants. This acclaimed farm to table dining experience showcases ingredients grown and harvested daily including honey from the new AG Busy Bee Honey Factory.
- **Ravine Vineyard** (Niagara-on-the-Lake) is considered one of the top 20 winery restaurants in the world. Located on a 100+ year-old farm, Ravine has been owned and operated for five generations by the Lowrey family who craft small-batch organic VQA wines, bake their own bread, raise their own pigs, and grow their own certified organic vegetables.
- **Vineland Estates** (Vineland) dates back to the 1800s and rests on the fertile Niagara Escarpment, located on a former Mennonite Homestead painstakingly restored. With sweeping views of lush vineyards, the farmhouse is the perfect place for an enjoyable and customizable dining sensation.
- **Peller Estates** (Niagara-on-the-Lake) is the ultimate wine and food lover's playground. Partake in a barrel cellar dinner, fine dining in the Winery Restaurant with Executive Chef Jason Parsons, or casual dining on the patio's Barrel House Grill.

SCENIC FALL DRIVE ITINERARY – NIAGARA FALLS

Plan the perfect getaway to Niagara Falls and while you're there take to the road to explore the area. With 56 km (35 miles) of natural wonders, outdoor parks, a nature reserve, trails, gardens, iconic attractions plus picturesque farms and countryside with world-class wineries and restaurants - Niagara Falls is one of the best places in North America to go for a **drive**.

NIAGARA FALLS FIREWORKS SERIES (May 19-October 9, 2023)

The popular Niagara Falls fireworks series continues to delight visitors. Shows will run for 5 minutes at 10:00pm nightly until Thanksgiving Monday Oct. 9th. The majestic Niagara Falls are also illuminated every night of the year, making the destination among the world's best places to see fireworks displays. More information [here](#).

ABOUT NIAGARA FALLS CANADA

Overlooking the legendary Canadian Horseshoe, American and Bridal Veil waterfalls, Niagara Falls is a four-season destination renowned for its awe-inspiring natural wonders combined with world-class accommodation, thrilling entertainment and a burgeoning culinary scene. Visitors from Ontario, across North America and around the world who come to experience adventure, discover family fun and feel the romance have made it Canada's #1 leisure travel destination and an international bucket-list destination.

PLAN YOUR VISIT

For more information about unique and memorable experiences in Niagara Falls, please visit www.niagarafallstourism.com and these helpful resources:

WHERE TO STAY

Book a Fallsview room to enjoy a **Room with a View**, the majesty of the Falls from the comfort of your bed, any time of the day. Niagara Falls **campgrounds and cottages** afford visitors a special way of getting a little closer to nature.

GETTING HERE

TRAIN

- GO Transit
 - Save with GO / WEGO combo tickets starting at \$25/person
 - Kids 12 and under ride free on all GO Trains; children 3-12 pay \$8 for the Niagara transportation portion
 - \$62.50/group including tax (up to 5 people, max 2 adults 18+ per group).
 - Tickets include round-trip GO Train ride from Union Station to Niagara Falls and Niagara WEGO shuttle bus service throughout the Falls.

BUS

- Megabus – Union Station to Niagara Falls \$20 each way approximately
- Flixbus – Union Station to Niagara Falls \$20 each way approximately

CAR

- Niagara Air Bus – private shuttle approximately \$220 from Pearson or \$250 from Union Station

Transportation within Niagara Falls

- WEGO ***If you purchase the Niagara Parks Adventure Pass it includes 2 days of transportation. Added value! More information about getting to Niagara Falls [here](#)



NIAGARA FALLS TOURISM

RESOURCES

- Niagara Falls Illumination: www.niagarafallstourism.com/illumination/
- Niagara Falls Itinerary Ideas: www.niagarafallstourism.com/blog/itinerary/
- Attraction Packages: www.niagarafallstourism.com/attraction-packages/
- Niagara Falls 24/7 Live Cam from Fallsview Casino: Niagara Falls Live Stream

LET'S STAY CONNECTED

Website: www.niagarafallstourism.com

Instagram: [@NiagaraFallsTourismCanada](https://www.instagram.com/NiagaraFallsTourismCanada)

Facebook: [@NiagaraFallsTourismCanada](https://www.facebook.com/NiagaraFallsTourismCanada)

Twitter: [@NFallsTourism](https://twitter.com/NFallsTourism)

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